

**KAMAR**
ENGLISCH

In the project "**Kamar**" (**Support**), we support women and girls with a migration background who are confronted with physical, psychological and sexual violence due to their female gender.

We actively help women and girls to leave this abusive environment and design a more independent self-reliant life through advice, information and workshops:

- Counseling and support in violent situations
- Development of exit scenarios
- Life planning independent of the patriarchal environment
- Self-empowerment workshops
- Support/advice for relatives and supporters of women affected by violence

Who can use our offer?

Women and girls:

- with migration background,
- recognized refugees,
- Asylum seekers,
- beneficiaries of subsidiary protection,
- who are affected or threatened by physical, psychological and sexual violence,
- who live in an environment in which physical, psychological and sexual violence is played down or culturally accepted,

Where are the violence counseling centers of KAMAR situated?

Linz and Traun with branches in Perg, Vöcklabruck and Braunau

Our **motto** "(Self) liberation of women from the role of victim -> active empowerment"

In the Kamar project, we work together with women's counseling centers, violence prevention facilities, psychologists and doctors, among others.

Contact:

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